



THERAPEUTISCHE
GEMEINSCHAFTEN

Positive Family Development in Asian Countries (Hong Kong)

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Where is Hong Kong?

1. Before 1997, British Colony, under the supervision of British Government
2. Became China's first *Special Administrative Region* on 1 July 1997
3. Hong Kong Special Administrative Region
4. Hong Kong SAR -- Population : 72,641,000



Immigration to Hong Kong

1. Cultural Difference – Value difference
2. Poor Family Support and Caring
3. Poor Parent Education, in the lack of “Guidance”
4. Poor Communication with Parents, leading to “Conflicts”
5. Financial Concern

Cross Broader Children

1. Cultural Difference – Adjustment to the life at Hong Kong.
2. Poor Family Support and Caring
3. Poor Parent Education – inappropriate Guidance
4. Relatives take the role of caring in Hong Kong, mostly without good supervision. Therefore, leaving them alone on the street or poor attitude developed. Sometimes, will be resulted in getting into “gang”.

Presenting Problems

Middle Class



Monster
Parents



Hong Kong Kids

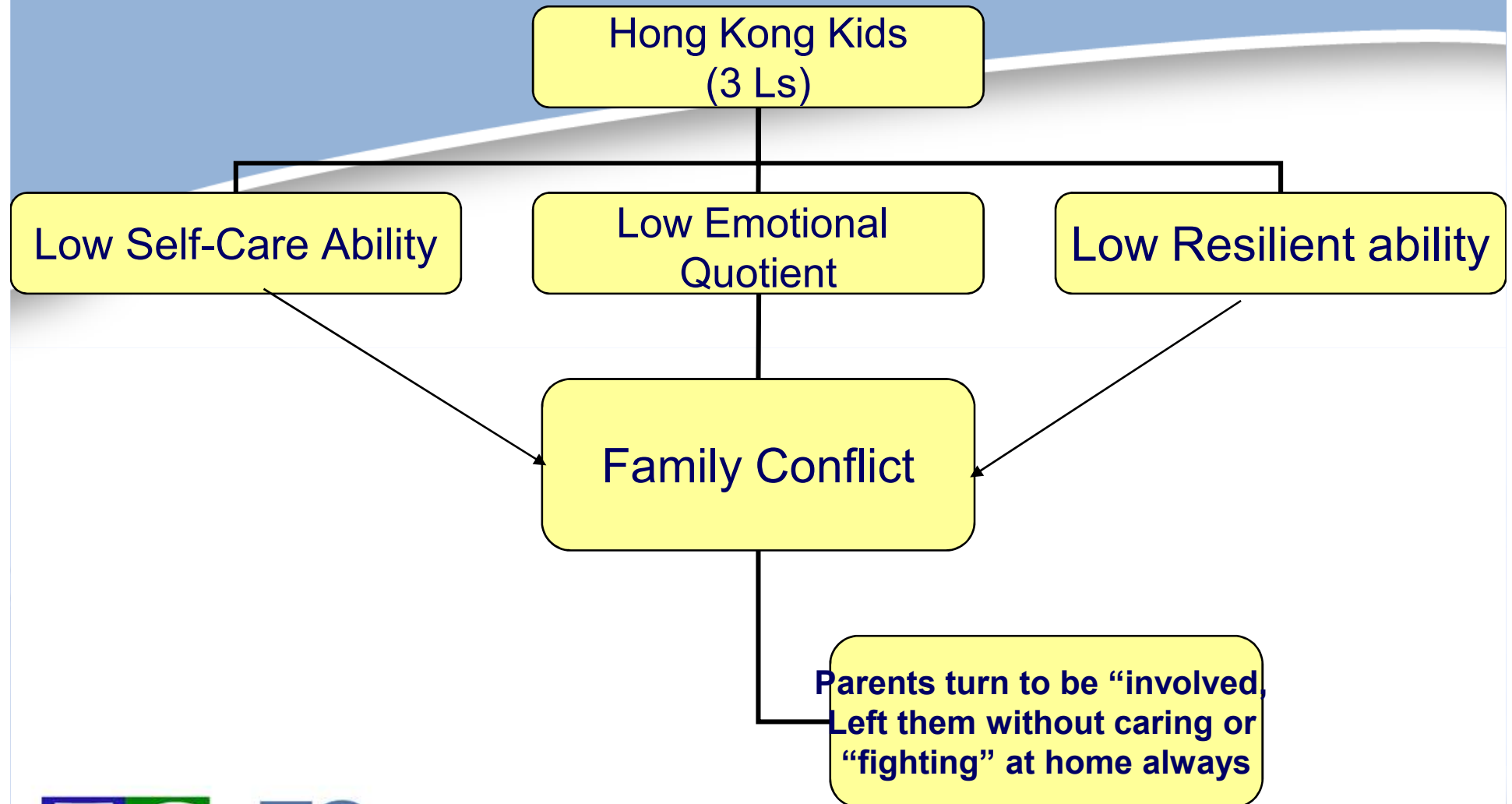


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Atmosphere of Parenting in HK

- Monster Parents → Hong Kong Kids
- Mostly, monster parents are those in middle class or with high educational level.
- The atmosphere spread to deprived group as well.
- The parents from deprived group with no ideas of how to push up their children, will only force them to perform well at schools. Sometimes, the misunderstanding will be resulted in the conflicts and finally they will give up the children.

Presenting Problems





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Follow up Services in Hong Kong

- Residential Services in Hong Kong (Policy Level)
- Social Services provided to Students at school
- Parent Education provided by NGOs



Residential Services in HK

- Residential childcare services in Hong Kong are not limited to orphans only.
- Children have been referred to some residential services by court order, abandoned by their parents, orphaned, or belong to families suffering acute social problems.
- They will be taken care by the Non-governmental Organizations (NGOs)
- They will be taken care by some qualified families and subsidized by the Government.



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Small Group Homes

- It is one of the services developed by the Society in recent years. Through a caring and homelike environment and the provision of life skills training, school work counseling and recreational activities, children deprived of proper family support are given care and concern, and are hence able to grow up happily like normal children. Workers in SGH maintain a close contact with the children's families during their stay in the homes. Efforts will be made to prepare for the return of the children back to their families when situation permits.



Small Group Homes

- Children and young people aged between 4 and 18;
- Children and young people who are lack of proper family care;
- Children with no severe behavioral and emotional difficulties;
- They are willing to receive our service;
- They have no physical and mental abnormalities; however, some of our small group homes do admit children having mild mental handicaps.



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Education and Intervention

- (1) Public Promotion by Government and NGOs: To enhance the awareness of the importance of a “Family Cohesion”
- (2) Social Services for having a stronger family bonding and promote the “resilience” built in the family.



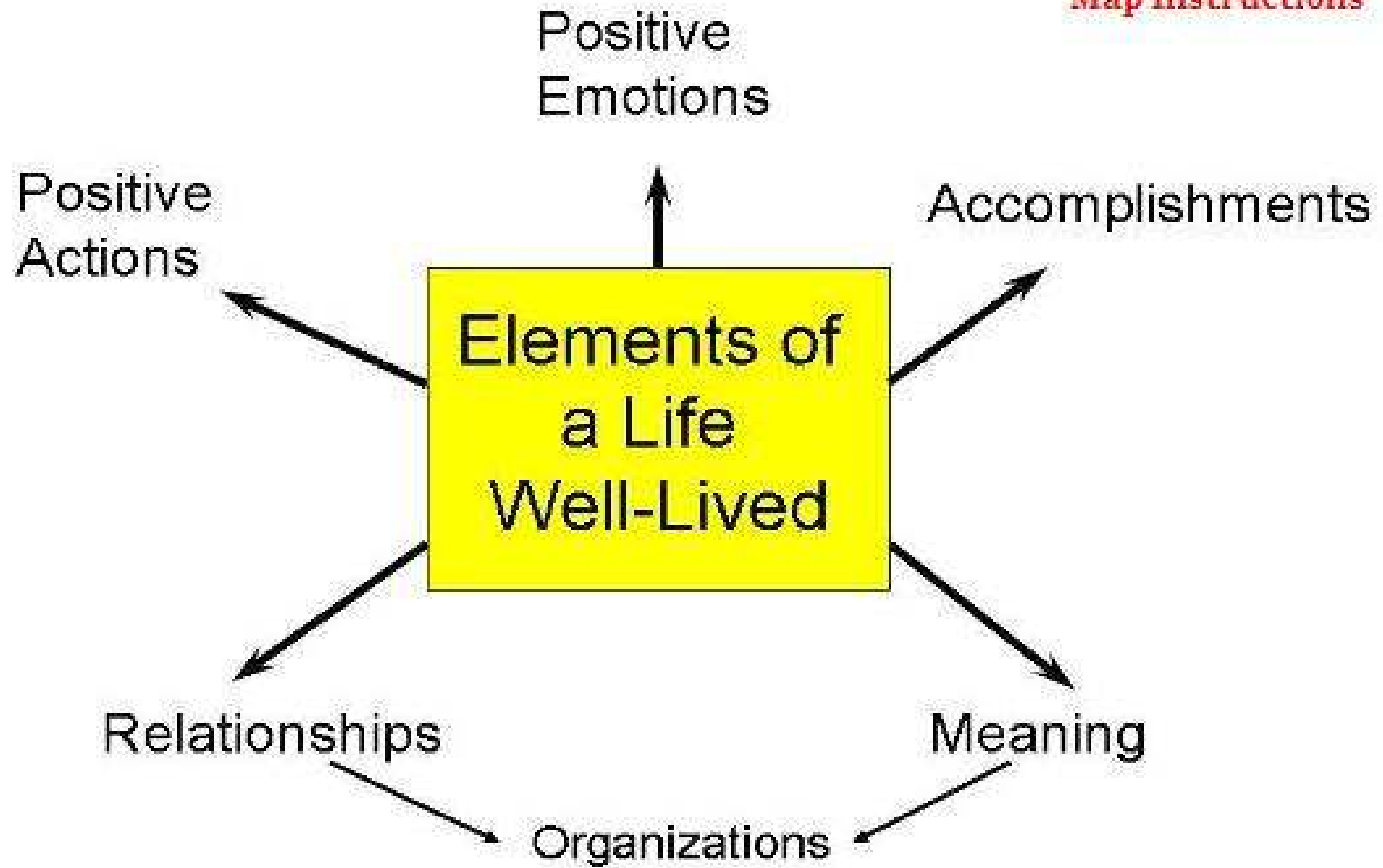
Theory-Based Approach

- Positive Psychology
- Positive Family Development – Resilience
 - Bonding
 - Belief
 - Competence



Positive Psychology

Map Instructions



Positive Psychology

Offered by Government,
Social Service Sectors and even hospitals:

- Parent Talks
- Parent Groups
- Individual Case work



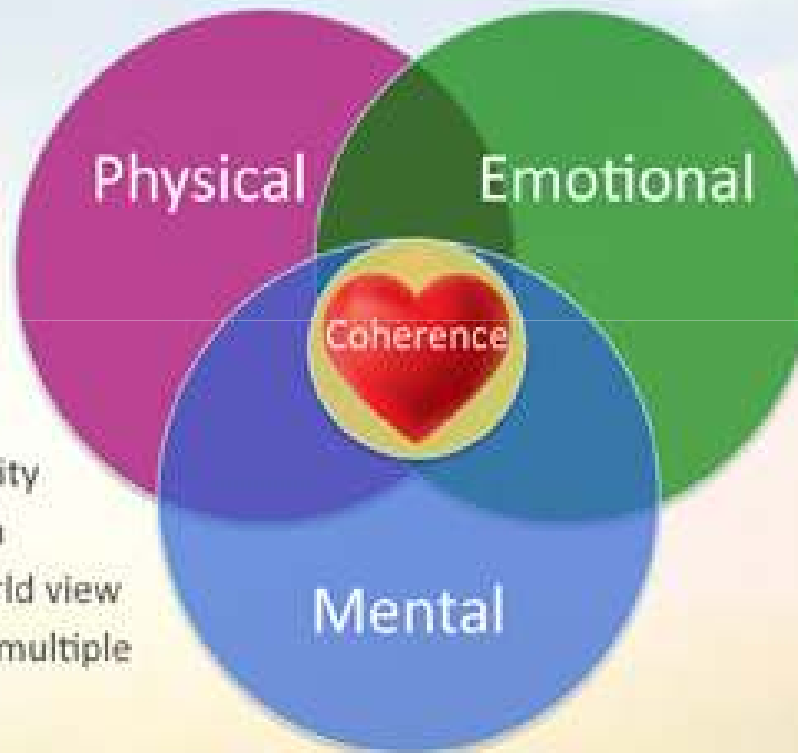
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Positive Family Development

Dimensions of Resilience

- Physical flexibility
- Endurance
- Strength
- Vitality

- Mental flexibility
- Attention span
- Optimistic world view
- Incorporating multiple points of view



- Emotional range and flexibility
- Positive feelings
- Self-regulation
- Relationships
- Ease instead of resistance



Resilience

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graph TD; Resilience --> Bonding; Resilience --> Belief; Resilience --> Competence; Bonding --> B1[1. Common Goal]; Bonding --> B2[2. Common Needs]; Bonding --> B3[3. Position]; Bonding --> B4[4. Care and Support]; Bonding --> B5[5. Acceptance]; Belief --> PP[Positive Psychology]; Competence --> C1[1. Problem Solving]; Competence --> C2[2. Emotional Management]; Competence --> C3[3. Conflict Management];
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Bonding

1. Common Goal
2. Common Needs
3. Position
4. Care and Support
5. Acceptance

Belief

Positive Psychology

Competence

1. Problem Solving
2. Emotional Management
3. Conflict Management

